## State Qualifier Meet Saturday Nov 1<sup>st</sup> 2014 (MAKE-UP DATE SUNDAY November 2nd) Bethpage State Park

All runners must run with a 3x5 index card with their competitor number (label on it).

In order for any athlete to compete they must have competed in six sanctioned meets representing his/her school prior, or have an **approved** medical waiver by Nina Van Erk and the sectional coordinators.

The winning team in each class (A, B, C) and the first 5 individuals not on those teams for each class will qualify for the state championship.

CLASS A: MASSAPEQUA – WESTBURY CLASS B: ELMONT – FRIENDS ACADEMY CLASS C: WHEATLEY – EAST ROCKAWAY

10:00 AM	CLASS A GIRLS
10:30 AM	CLASS A BOYS
11:00 AM	CLASS B GIRLS
11:30 AM	CLASS B BOYS
12:00 PM	CLASS C GIRLS
12:30 PM	CLASS C BOYS

Approximately 1:20 PM AWARDS CEREMONY